



## Frequently Asked Questions

### What services does the Missouri Child Psychiatry Project (MO-CPAP) provide to PCPs in Missouri?

- Same-day phone consultations with a child and adolescent psychiatrist
- Follow-up care coordination services
- Educational opportunities

### What is the goal of the MO-CPAP program?

- Improve outcomes of children with mild to moderate behavioral health problems.
- Support primary care providers who provide behavioral health care for their patients.

### Is there a cost to use the MO-CPAP services?

- MO-CPAP is available at no cost for PCPs who enroll in the program.

### How can I make a referral to MO-CPAP for services?

- Please call 844-535-2279 or utilize the online referral request link <https://showmeportal.missouri.edu/redcap/surveys/?s=N97EPAXCRL>

### What kind of consultation can I expect when I call?

- You can expect a return call from one of the psychiatrists within 30 minutes, or at a time scheduled at your convenience. They will address your concerns about diagnostic tests, medications, treatment plans, and more.

**Call MO-CPAP: 844-538-2279**

Learn more and enroll online at:  
[medicine.missouri.edu/mo-cpap](https://medicine.missouri.edu/mo-cpap)

## **What hours can I call to talk with a psychiatrist?**

- **10:00 a.m. – 6:00 p.m., Monday – Friday (excluding major holidays)**

## **What information will I need to provide when I call?**

- Age of child
- Race/ethnicity
- Gender
- Insurance coverage
- Zip code
- Foster care status
- New or follow-up consult

## **What other services does MO-CPAP offer?**

- The MO-CPAP Care Coordinator can provide short term (90 day) follow up services via telephone with families to make sure they get connected to the services they need.
- MO-CPAP can help you connect your patients and families with other behavioral health resources in their area, like counseling, therapy, and support groups.
- The BHR call center staff can provide general referral information to you or your staff to pass on to families, or you can request that the MO-CPAP Care Coordinator contact a family directly and provide resources.

## **What does MO-CPAP expect from me?**

- We want your help to show that the program works. Specifically, we ask you to enroll in the program and complete an electronic PCP agreement and baseline survey.
- We also ask you to complete post-call satisfaction surveys and annual surveys regarding satisfaction and experience of using the service.
- We encourage you to participate in educational trainings and webinars as the topics meet your learning interests and patient care needs.

## **What resources will I have access to for additional education?**

- You will have access to a variety of materials via the MO-CPAP website, including: The most recent best practice clinical guidelines, including diagnostics and pharmacological interventions
- Evidence-based screening tools and behavioral intervention options
- Webinars or modules on a variety of behavioral health topics, with CME credits available upon completion.

## **How can I reach MO-CPAP staff with questions or concerns?**

You can reach us via e-mail at [umhspsymo-cpap@health.missouri.edu](mailto:umhspsymo-cpap@health.missouri.edu)